# Lesson: Roots & Boots

**Topic/Essential Questions:** What lives in the water and how do trees keep the water clean?

**Unit:** Why Are Trees Terrific?" Kindergarten Environmental Literacy

#### **Content Standards:**

- NGSS K-LS1-1. Use observations to describe patterns of what plants and animals (including humans) need to survive.
- NGSS K-ESS3-1. Use a model to represent the relationship between the needs of different plants and animals (including humans) and the places they live.
- NGSS K-ESS3-3. Communicate solutions that will reduce the impact of humans on the land, water, air, and/or other living things in the local environment.
- Social Studies 3.0 Geography A. Using geographic tools B. Geographic characteristics of places and regions C. Modifying/adapting the environment.
- SL.K.1 Participate in collaborative conversations with diverse partners about kindergarten topics and texts with peers and adults in small and larger groups.
- SL.K.6 Speak audibly and express thoughts, feelings, and ideas clearly.
- Foundation for EL Standards 1.0 Environmental Issues, 2.0 Interactions of Earth's Systems,
  4.0 Populations, Communities, and Ecosystems and 5.0 Humans and Natural Resources

**Length of Lesson:** 30 minutes (*The lesson begins with a 5-minute safety briefing with the entire group, followed by two 12-minute activities that are taught simultaneously. The group splits in half for the lesson and swaps after their first activity.*)

#### Student Outcome: The student will

- Identify animals that live in the water
- Describe how trees keep water clean

# Knowledge of the Learner:

- Prerequisite knowledge, skills and processes: trees and animals are living things with basic needs; listening, observing, following instructions
- Student needs, interests, previous learning: These will vary among students.
- Conceptual difficulties: relating map to real life, trees prevent erosion
- Differentiated: The instructor may pace the lesson according to the responses and participation of the students.

#### Knowledge of Content:

- Content knowledge for instructor: Provided in the text of the lesson.
- Vocabulary: PFD or personal flotation device, map, erosion
- Resources: Rowboats & oars

Life-ring

Boat hook

Adult and child PFDs	Dip nets	Soil pan
Map of waterfront	Aquariums	Log prop
Boating safety poster	Gloves	Small watering can
Fish ID poster	Hand sanitizer	2 shallow pans
Seine net	Crab pot on pier	Small tree in pot
Waders	Forest pan	Bucket fresh water

**Pre-Assessment:** During the opening at the beginning of the field trip, Camp Woodlands staff will invite students to share what they have learned at school about trees including trees as living things, trees as plants, parts of a tree, and what is a forest.

# **Activity A: Boating**

#### Set Up Before Students Arrive:

- 1. Before the students arrive, the boating instructors should put on PFDs (life jackets) and place a variety of sizes outside of the boathouse in organized piles.
- 2. Put the boats into the water at the beach, practice rowing (*Face the back of the boat when rowing*), row to the dock and tie the boats to the dock at the cleats.
- 3. Place life-ring and boat hook on dock. (Boats are flat bottom rowboats and NOT canoes.)

## Motivation/Warm-Up:

- 1. All students and adults should put on PFDs when they arrive. All adults should assist the students. PFDs should be clipped and tied.
- 2. Welcome students to the activity and introduce the instructors.
- 3. Show students the map and ask them what it is. Ask students what the blue area represents *(water)* and what the green area represents *(land)*. What is growing on the land? *Trees.*
- 4. Explain that students will learn how the trees on the land help keep the water clean.
- 5. Explain the boating safety rules:
  - Wear a PFD (personal flotation device).
  - One student at a time gets into or out of a boat moving slowly and while holding a grown-up's hand.
  - Stay seated in the boat.
- 6. Divide the group in half: one half starts with boating and one half starts with erosion demonstration.

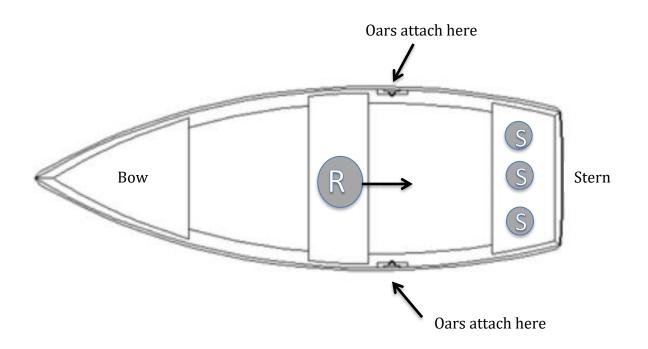
#### **Boating Procedure:**

- 1. Before students are loaded into boats, the rower should be seated on the middle seat facing the back of the boat. The safety person should kneel down, hold onto the boat with one hand, use their other hand to hold the student's hand and load students one at a time onto the back seat of the boat. If there is no "safety person," then a chaperone or teacher will need to become the safety person for their group. No more than three students per boat.
- 2. Row into the cove. Invite students to tell you what they see. Encourage students to close their eyes then describe what they hear, smell and feel.
- 3. Ask students to describe the land around the cove. Slopes/Hills. Many trees. Explain that the

hills are made of soil (dirt) and rocks. Ask students, "What would happen if there were no trees?" *The soil would wash down the hill into the cove when it rains and make the water muddy*. This is called erosion. Trees help stop erosion. The tree roots hold the soil in place and help keep the water clean.

4. Return to the dock. Once again, the safety person should help students out of the boats one at a time following the same procedure of helping the students into the boat.

**Assessment:** Ask students, was the land around the cove flat or slope? *Sloped*. What is growing on the slopes? *Trees*. How do the trees help stop erosion? *The roots hold onto the soil, soak up water and filter*.



# **Row Boat Procedure**

An ideal row boat is pictured above. The rower (R) is seated on the middle seat facing the students (S) in the back of the boat. Up to 3 students can sit on the back bench. Oars attach on either side of the boat and lock in place with a cotter pin.

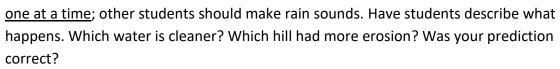
# **Activity B: Erosion and Seining**

## Set Up Before Students Arrive:

- 1. Set up erosion models according to the diagram below, prop up the pans on one end so that water will flow down into the trays.
- 2. Fill bucket with fresh water from hose for erosion demonstration.
- 3. Two people should remove their shoes and put on waders and PFDs.
- 4. Fill observation aquariums with **creek** water (*NOT fresh water*). Hang bubblers on the side.
- 5. Use seine net to catch fish, shrimp, etc. and put them in the aquariums. Use dip nets in underwater grassy areas and next to the bulkhead to catch grass shrimp.
- 6. Pull the crab pot from the end of the floating pier and place any crabs in one of the aquariums for observation by the students.

## **Erosion Procedure:**

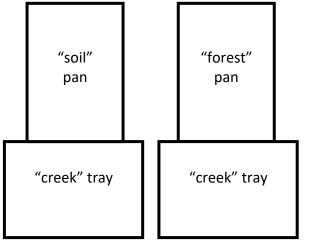
- Ask students, "If you were a fish, would you like to live in clean water or dirty water?"
- 2. Show students the erosion model. Explain that they are going to perform an experiment. Explain that the pans represent two hills, one with trees, one without. The shallow trays are a creek or river at the bottom of the hills.
- 3. Ask students to predict (*guess*) what will happen when it rains on each hill.
- Pick two students to be "rain clouds." Have them pour water with the watering can onto each hill



- 5. Show students a potted tree. Ask students, "What part of the tree is in the pot?" *Roots.* What will happen if I pull the tree out of the pot?" Gently lift the tree out of the pot to show the roots. Ask students, "Why didn't the soil fall? What held the soil? *The roots.* Point out how the roots hold the soil. Return the tree to the pot.
- 6. Explain that trees growing near the water keep it clean. Their roots hold the soil in place. This helps the things that live in the water.
- 7. Between groups, pour muddy water in the woods where it will not drain directly into cove.

# Seining Procedure:

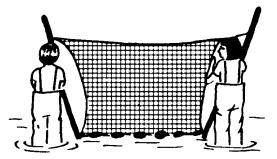
- 1. Move to the beach and ask students if they see any living things around the water. They may see different kinds of birds: heron, seagull, duck, osprey, eagle.
- 2. Ask students what animals might live in the water.
- 3. Explain and show the seine net that was used to catch the fish in the tanks.



- 4. Use the Fish ID Poster to identify what was caught and learn some interesting facts.
- 5. If students want to touch the fish, they can stand over the tank and cup their hands.
- 6. Use hand sanitizer before students leave the waterfront.
- 7. Cover any aquariums before lunch. Take off waders before going to lunch.
- 8. Release anything caught at the **end of the day.** The last group can help with this.

**Assessment:** Ask students, "How do trees help keep the water clean?" *Tree roots hold soil in place and prevent erosion.* "How do the trees help the things that live in the water?" *They help animals in the water by keeping the water clean.* 

This activity will be cancelled and another activity substituted if there is thunder/lightning.

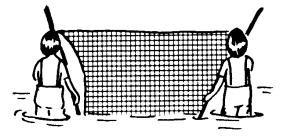


# **Seining Procedures**

**Step 1:** Two adults carefully unroll the seine net with the weighted side on the bottom and the floats on top. Keep the net out of the water while first walking out.

**Step 2:** Walk out to hip-deep water. Lower net so weights are in contact with the creek bottom.

**Step 3:** Walk back to the beach tilting the poles backwards about 30° and bumping them along the creek bottom. Keep the net taut.



Step 4: Both adults walk slowly to shore, keeping

the weights on the river bottom. They should seine all the way up onto the shore then lay the net flat on the shore.